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Pre-Anesthesia Instructions

A responsible adult must accompany you to the office and remain during your procedure. Do not plan on operating any equipment including an automobile for (24) hours after the anesthesia. Arrange to have a responsible adult to spend the rest of the day with you.

Eating or Drinking:

Please **do not** eat or drink anything for **8 hours prior** to your surgical appointment, this includes chewing gum and hard candies (even if sugar free).

Smoking:

Please **do not** smoke the day of your surgical appointment.

Medical Changes:

Please inform us of any changes in your medical history, physical condition or use of any medications or drugs which were not previously reported.

Oral Hygiene:

Special attention must be given to oral hygiene prior to your surgery. Spend extra time brushing along the gum line and flossing your teeth prior to your surgery in order to minimize the bacteria in your mouth.

Nail Polish or Artificial Nails:

No nail polish or artificial nails.

Clothing:

Short sleeves are advised and it is suggested that comfortable clothing and shoes are worn. Please leave all valuables at home.

Rest:

Have a good night of sleep before the surgery.

Important Notice: Since surgical procedures require lengthy appointments, we have specifically reserved this time for you only. Therefore, it is important that you arrive on time for your surgery. In the event of a cancellation, please notify the office at least 48 hours in advance.

Appointment Date: _____ **Time:** _____